



# State Resources for Seniors in Rhode Island

At PayingforSeniorCare, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Getting enough nutrition can be a major concern for seniors, especially those who are housebound or who can no longer prepare meals easily. Food assistance programs, such as Meals on Wheels and food pantries, can help make healthy food more affordable for older adults, ensuring they get the vitamins, minerals and calories they need to stay healthy.

## Meals on Wheels

In Rhode Island, a single organization provides Meals on Wheels throughout the state. Meals are delivered each weekday and provide one-third of the participant's recommended daily dietary intake. The program also provides a daily well-being check and helps to lessen isolation. Other programs offered include cafe programs and pet food delivery.

	Area Served	Address	Phone Number
<b>Meals on Wheels of Rhode Island</b>	Statewide	70 Bath Street Providence, RI 02908	(401) 351-6700

## Food Pantries

More than 100 food pantry sites throughout Rhode Island provide shelf-stable and perishable foods to people in need. The Rhode Island Community Food Bank has a statewide network that distributes food, including sites listed below, which offer special programs for the state's seniors.

	Area Served	Address	Phone Number
<b>Rhode Island Community Food Bank</b>	Statewide	200 Niantic Avenue Providence, RI 02907	(401) 942-6325
<b>East Bay Food Pantry</b>	Bristol	532 Wood Street Bristol, RI 02809	(401) 396-9490

<b>Saint Patrick's Church</b>	Harrisville	45 Harrisville Main Street Harrisville, RI 02830-1403	(401) 568-5600
<b>Ephese SDA Church</b>	Providence	857 Eddy Street Providence, RI 02905	(401) 941-0998
<b>Olneyville Food Center</b>	Providence	261 Manton Avenue, Providence, RI 02909	(401) 714-0057
<b>Saint Raymond's Church</b>	Providence	1240 North Main Street Providence, RI 02904	(401) 351-4224
<b>Project Outreach</b>	Providence	1520 Broad Street Providence, RI 02905	(401) 941-2212
<b>Federal Hill Food Center</b>	Providence	35 Swiss Street Providence, RI 02909	(401) 421-1095
<b>West End Community Center</b>	Providence	109 Bucklin Street Providence, RI 02907	(401) 781-4242
<b>Saint Mary of the Bay</b>	East Bay	645 Main Street Warren, RI 02885	(401) 245-7000
<b>Pilgrim Senior Center</b>	Warwick	27 Pilgrim Parkway Warwick, RI 02888	(401) 468-4070

## Government Assistance Programs

The Rhode Island government offers programs to help seniors access healthy food. Some are funded in conjunction with the federal government, while others are state initiatives. These programs include financial assistance for food purchases and the Community Tables program, which brings neighbors together for shared meals.

	Area Served	Address	Phone Number
<b>Supplemental Nutrition Assistance Program (SNAP)</b>	Statewide	PO Box 8709 Cranston, RI 02920-8787	1-855-697-4347
<b>Senior Farmers' Market Nutrition Program</b>	Statewide	235 Promenade Street Providence, RI 02908	(401) 222-4700
<b>Community Tables</b>	Statewide	Various locations	(401) 462-4444