



## State Resources for Seniors in Kansas

At PayingforSeniorCare, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Seniors require adequate nutrition to remain healthy and active, particularly when they have medical conditions that make it difficult for them to digest or absorb certain essential nutrients. Unfortunately, healthy food is often costlier and more difficult to obtain than processed junk food and empty calories. Kansas offers several food assistance programs for seniors who have difficulty finding or affording nutritious meals.

## Meals on Wheels

The Meals on Wheels program combats both hunger and loneliness by delivering fresh, nutritious meals to senior Kansans across its service area. Each branch of the program determines its menu, service area and delivery schedule. Kansas is home to several Meals on Wheels locations across the state.

	Area Served	Address	Phone Number
<b>Meals on Wheels Hutchinson (Friendship Meals)</b>	Hutchinson and surrounding areas	700 N. Walnut St. Hutchinson, KS 67501	(620) 669-8201
<b>Douglas County Senior Services</b>	Lawrence (city), Douglas County and surrounding areas	745 Vermont St. Lawrence, KS 66044	(785) 842-0543
<b>Johnson County Nutrition Program</b>	Johnson County	11811 S. Sunset Drive, Suite 1300 Olathe, KS 66061	(913) 715-8800
<b>Mid-America Nutrition Program, Inc.</b>	Ottawa and surrounding areas	1538 N. Industrial Ave. Ottawa, KS 66067	(785) 242-8341
<b>Senior Services Inc. of Wichita</b>	Wichita and surrounding areas	200 S. Walnut St. Wichita, KS 67213	(316) 267-0302

## Food Pantries

Food pantries carry canned goods, peanut butter, pasta, rice and other nutritious, nonperishable food products and distribute these items to seniors and low-income Kansans based on eligibility guidelines that are set by each pantry. There are food pantries scattered throughout Kansas.

	Area Served	Address	Phone Number
<b>Kansas Food Bank</b>	Entire State	1919 E. Douglas Wichita, KS 67211	(316) 265-3663
<b>Harvesters Community Food Network</b>	NE Kansas and NW Missouri	215 SE Quincy Topeka, KS 66603	(765) 861-7700
<b>Leawood Presbyterian Church Food Pantry</b>	Johnson County	2715 W. 83rd St. Leawood, KS 66206	(913) 649-1144
<b>Village Presbyterian Church Food Pantry</b>	Overland Park and surrounding areas	9960 Mission Rd. Overland Park, KS 66207	(913) 671-2315

## Government Assistance Programs

Seniors who need help obtaining nutritious food but can't find it through a private charity or food bank, whether due to geographic limitations or lack of eligibility, can turn to one of Kansas's government assistance programs.

	Area Served	Address	Phone Number
<b>Kansas Food Assistance and Nutrition Program</b>	Entire State	1320 Research Park Drive Manhattan, Kansas 66502	(888) 369-4777
<b>Supplemental Nutrition Assistance Program (SNAP) - Kansas Appleseed</b>	Entire State	211 E. 8th Street, Suite D Lawrence, KS 66044	(785) 856-0917