



# State Resources for Seniors in Kentucky

At PayingforSeniorCare, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Good nutrition is vital for the continued health of aging adults, but low-income seniors may experience hunger or poor nutrition due to a lack of funds. Food assistance programs help make food affordable. Community food programs provide meals and groceries to ensure all seniors have access to nutritious foods. Seniors throughout Kentucky have access to various food assistance programs, which may include Meals on Wheels, food pantries and/or government assistance programs.

## Meals on Wheels

Various organizations throughout Kentucky operate Meals on Wheels programs to provide home-delivered meals to seniors who might otherwise go hungry. Delivering nutritious meals helps enable independent living while providing an opportunity for delivery drivers to perform a safety check and offer social interaction. Meals are generally provided for free or at a low cost based on a sliding fee scale to ensure access to those older adults most in need.

	Area Served	Address	Phone Number
<b>Louisville Senior Nutrition Program - Meals on Wheels</b>	Louisville Metro area	701 West Ormsby Avenue #201 Louisville, KY 40203	(502) 574-6325
<b>Meals on Wheels of Lexington</b>	Lexington	Trinity Baptist Church 1675 Strader Drive Lexington, KY 40505	(859) 276-5391
<b>Meals on Wheels Southwest Ohio &amp; Northern Kentucky</b>	Boone, Kenton, Gallatin, Carroll, Owen, Grant, Pendleton and Campbell counties in Kentucky	2091 Radcliff Drive Cincinnati, OH 45204	(513) 244-5485
<b>Tri-County Community Action Meals on Wheels</b>	Henry, Oldham and Trimble counties	1015 Dispatchers Way LaGrange, KY 40031	(502) 222-1349
<b>Murray-Calloway County Senior Citizens Center Meals on Wheels</b>	Calloway County	607 Poplar Street Murray, KY 42071	(270) 753-0929

## Food Pantries

Seniors needing food assistance who can travel independently or have access to transportation may benefit from community food pantries. Generally operated by churches and nonprofit organizations, food pantries provide fresh and nonperishable food that seniors can use to create meals at home. Kentucky boasts numerous food pantries throughout the state. Each program operates under its own eligibility requirements and has varying hours of operation, so call ahead to confirm when to come and what kind of information to bring.

	Area Served	Address	Phone Number
<b>Salvation Army Central Kentucky Area Food Pantry</b>	Fayette County	736 West Main Street Lexington, KY 40508	(859) 252-7706
<b>Open Hands Community Food Pantry</b>	Lawrenceburg	1111 Industry Road Lawrenceburg, KY 40342	(502) 839-0094
<b>Neighborhood House Emergency Food Bank</b>	Louisville	201 North 25th Street Louisville, KY 40212	(502) 774-2322
<b>Hope Ministries of Northern Kentucky Food Pantry</b>	Northern Kentucky	263 Main Street Florence, KY 41042	(859) 371-1887
<b>Action Ministries Food Pantry</b>	Covington	4375 Boron Drove Covington, KY 41015	(859) 261-3649

## Government Assistance Programs

Government entities in Kentucky also provide various food assistance programs. These programs allow eligible seniors to purchase what they need directly from grocery stores or farmers markets. Each program helps supplement the food budgets of low-income seniors and ensures they have access to healthy meal options. Eligibility requirements vary between programs and often include income limits. Contact the programs directly to learn more about the application process.

	Area Served	Address	Phone Number
<b>Kentucky Supplemental Nutrition Assistance Program (SNAP)</b>	Statewide	275 East Main Street 3E-I Frankfort, KY 40621	(855) 306-8959
<b>Kentucky Department of Agriculture Commodity Supplemental Food Program (CSFP)</b>	Statewide	107 Corporate Drive Frankfort, KY 40601	(502) 782-9231
<b>Kentucky Department for Aging and Independent Living Nutrition Program for the Elderly</b>	Statewide	275 East Main Street 3E-I Frankfort, KY 40621	(502) 564-6930 ext. 3495
<b>Kentucky Department of Agriculture Senior Farmer's Market Nutrition Program (SrFMNP)</b>	Statewide	107 Corporate Drive Frankfort, KY 40601	(502) 782-9238