



## State Resources for Seniors in Idaho

At PayingforSeniorCare, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Older adults may have difficulty getting proper nutrition, especially if they're housebound or can't prepare meals easily. Idaho has a variety of programs to help ensure seniors receive enough vitamins, minerals and calories to stay healthy. Nonprofit and government organizations run these programs and provide meals, perishable and non-perishable goods and financial assistance to purchase food.

## Meals on Wheels

Meals on Wheels delivers nutritious meals to seniors throughout Idaho. In addition, drivers provide a friendly visit and safety check for each participant. Local providers make delivery decisions to suit the needs and resources of the community, including when and how often it delivers meals.

	Area Served	Address	Phone Number
<b>Caldwell Meals on Wheels</b>	Caldwell Region	1009 Everett Street Caldwell, ID 83605	(208) 454-8142
<b>Lake City Center</b>	Coeur D'Alene Region	1916 N. Lakewood Drive Coeur D'Alene, ID 83814	(208) 667-4628
<b>The Senior Connection</b>	Blaine County	721 3rd Avenue S. Hailey, ID 83333	(208) 788-3468
<b>Idaho Falls Senior Citizens' Community Center</b>	East Idaho	935 E. Lincoln Road Idaho Falls, ID 83401	(208) 522-5391
<b>Metro Meals on Wheels</b>	Ada County	4900 N. Rosepoint Way, Suite B Boise, ID 83713	(208) 321-0031
<b>Saint Alphonsus Health System</b>	Nampa Area	4300 E. Flamingo Avenue Nampa, ID 83687	(208) 205-0292
<b>Southeastern Idaho Community Action Agency</b>	Bannock County	825 E. Bridger Street Pocatello, ID 83201	(208) 232-1114

## Food Pantries

Idaho has food pantries throughout the state that provide nutritious food to low-income residents. Two food banks supply goods to these pantries, as well as senior centers, community kitchens and other feeding programs. You can locate local distribution partners through their websites.

	Area Served	Address	Phone Number
<b>2nd Harvest</b>	Boundary, Bonner, Kootenai, Shoshone and Benewah counties	1234 E. Front Avenue Spokane, WA 99202	(509) 534-6678
<b>The Idaho Foodbank</b>	Rest of the state	3630 E. Commercial Court Meridian, ID 83642	(208) 336-9643

## Government Assistance Programs

The Idaho government has additional programs to help seniors access healthy food. The government or partnerships with other organizations may run these programs and can provide meals in addition to food recipients can prepare at home.

	Area Served	Address	Phone Number
<b>Supplemental Nutrition Assistance Program</b>	Statewide	P.O. Box 83720 Boise, ID 83720	(877) 456-1233
<b>The Emergency Food Assistance Program</b>	Statewide	1775 W. State Street, Suite 186 Boise, ID 83702	(208) 375-7382
<b>Commodity Supplemental Food Program</b>	Statewide	3630 E. Commercial Court Meridian, ID 83642	(208) 336-9643
<b>Congregate Meals</b>	Statewide	Local Area Agencies on Aging	Local numbers