

# State Resources for Seniors in Montana

At PayingforSeniorCare, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

## Food Assistance Programs for Seniors

It's particularly important that older adults have sufficient nutrition to remain healthy. Finances can prevent some seniors from eating enough food, while others have difficulties preparing meals. Montana has programs that make nutritious food more accessible and affordable for seniors, including Meals on Wheels, senior centers, food pantries and government initiatives.

#### **Meals on Wheels**

Meals on Wheels helps to reduce hunger and enhance socialization through the provision of home-delivered meals across Montana. Local offices determine delivery schedules.

	Area Served	Address	Phone Number
Meals on Wheels at Adult Resource Alliance of Yellowstone County	Billings, Lockwood, Worden and Laurel	1505 Avenue D Billings, MT 59102	(406) 259-9666
Meals on Wheels at Missoula Aging Services	Missoula County	337 Stephens Avenue, Missoula, MT 59801	(406) 728-7682
Meals on Wheels at Valley County Council on Aging	Valley County	501 Court Square, P.O. Box 16, Glasgow, MT 59230	(406) 228-9500
Meals on Wheels at Rocky Mountain Development Council	Helena, East Helena, Boulder, Augusta, Townsend, Lincoln and Whitehall	200 South Cruse Avenue, Helena, MT 59601	(406) 457-7361
Meals on Wheels at Ravalli County Council on Aging	Ravalli County	310 Old Corvallis Road, Hamilton, MT 59840	(406) 363-5690

#### **Senior Centers and Nutrition Sites**

Senior centers and nutrition sites offer a range of services and social opportunities for older adults. Many centers run nutrition programs that deliver meals to homebound seniors, provide pick-up meals and serve free on-site congregate meals for those aged 60 and older. Some sites cater to varying dietary requirements and deliver prescribed liquid dietary supplements.

	Area Served	Address	Phone Number
Arlee Senior Center	Arlee	39532 Wessinger Street, Arlee, MT 59821	(406) 726-3213
Charlo-Moiese Senior Center	Charlo and Moiese	56686 Highway 212, Charlo, MT 59824	(406) 644-2531
Mission Valley Senior Center	Ronan	528 Main St SW, Ronan, MT 59864	(406) 676-2371
Ennis Senior Center	Madison County	315 West Main Street, Ennis, MT 59729	(406) 682-4422
Park County Senior Center	Park County	206 South Main Street, Livingston, MT 59047	(406) 333-2276
North Valley Senior Center	Columbia Falls	205 Nucleus Avenue, Columbia Falls, MT 59912	(406) 892-4087
Kalispell Senior Center	Kalispell	40-11th Street West, Suite 110, Kalispell, MT 59901	(406) 257-1598
Kootenai Senior Citizens Center	Troy	304 Third Street, Troy, MT 59935	(406) 295-4140
Saint Regis Senior Center	St. Regis	209 Lobo Loop, St. Regis, MT 59866	(406) 649-4833

#### **Food Pantries**

There are several food pantries throughout Montana that provide free or affordable dried and fresh ingredients to older adults and needy individuals. Food pantries set their own eligibility requirements and operating hours. Pantries may either deliver items or require collection of goods.

	Area Served	Address	Phone Number
Pantry Partners Food Bank	Stevensville	3614 ALC Way, Stevensville, MT 59870	(406) 777-0351
West Shore Food Bank	Zip codes 59901, 59914, 59915, 59922, 59929, 59931, 59932	140 Bills Road Lakeside, MT 59922	(406) 844-2779
Sagebrush Food Pantry	Shelby	669 Park Drive, Shelby, MT 59474	(406) 424-8287
Gallatin Valley Food Bank	Bozeman	602 Bond Street, Bozeman, MT 59715	(406) 586-7600
Billings Food Bank	Yellowstone County	2112 4th Avenue North, Billings, MT 59101	(406) 259-2856
Bigfork Food Bank	Bigfork	7535 Montana Hwy 35, Bigfork, MT 59911	(406) 837-2297
Flathead Food Bank	Flathead Valley	1203 U.S. Hwy 2 West, Suite 2, Kalispell, MT 59901	(406) 752-3663
Livingston Food Resource Center	Livingston and Park County	202 South 2nd St, Livingston, MT 59047	(406) 222-5335
Missoula Food Bank and Community Center	Missoula and statewide	1720 Wyoming St, Missoula, MT 59801	(406) 549-0543
Big Sky Community Food Bank	Big Sky and statewide	47995 Gallatin Road, Big Sky, MT 59716	(406) 995-3088

### **Government Assistance Programs**

If you need further nutrition assistance that isn't covered by any of the previous organizations, you may qualify for help from a government program.

	Area Served	Address	Phone Number
Senior Farmers Market Nutrition Program	Statewide	P.O. Box 7025, Missoula, MT 59807	(406) 926-1625
Montana Supplemental Nutrition Assistance Program	Statewide	1500 East Sixth Ave, PO Box 202925, Helena, MT 59620-2925	(888) 706-1535